

Financial difficulty

During times of financial hardship, it's important that you get the help and support you need.

In addition to speaking to your financial adviser or us about managing the cost of your insurance policy, these organisations may be of assistance.

Moneysmart – ASIC website	Assistance for financial matters, such as budgeting, debt management and free financial counselling. moneysmart.gov.au
Services Australia	Access social workers who can provide confidential counselling, support and information. 132 850 (ask to speak to a social worker) servicesaustralia.gov.au/individuals/services/social-work-services
National Debt Helpline	A not-for-profit service that helps people tackle their debt problems. Professional financial counsellors offer a free, independent and confidential service. 1800 007 007 ndh.org.au
1800RESPECT	24 hour telephone and online service for sexual assault, family and domestic violence counselling. 1800 737 732 1800respect.org.au
Beyond Blue	Information and support to help all Australians achieve their best mental health. 1300 224 636 beyondblue.org.au
Lifeline	24 hour crisis support and suicide prevention services. 13 11 14 lifeline.org.au

If you need to contact us:

- The fastest way is to chat with us online at **resolutionlife.com.au**
- Submit an enquiry at **resolutionlife.com.au/enquiry**
- Call us on **133 731**

Information in this document is general information that has been provided for your reference only and does not represent an endorsement by, or affiliation of, any third party organisation with Resolution Life. It is not intended to replace professional or medical advice. Contact your healthcare professional or financial adviser for further information. Any advice in this document is provided by Resolution Life Australasia Limited ABN 84 079 300 379, AFSL No. 233671 (Resolution Life), and is general advice and does not take into account your objectives, financial situation or needs. Therefore, before acting on this advice, you should consider the appropriateness of the advice having regard to your objectives, financial situation and needs, as well as the product disclosure statement and plan document, available from Resolution Life at **resolutionlife.com.au** or by calling 133 731, before making a decision about the product. Resolution Life is part of the Resolution Life Group and can be contacted via **resolutionlife.com.au/contact-us** or by calling the phone number mentioned above.